



Almond Crunch Salad

Ingredients

Arugula

Red Cabbage

Micro greens

Bean Sprouts (optional)

Sliced Almonds

Olive Oil and Lemon (or your favorite homemade dressing)

Options - Goat Cheese, Cranberries, Blueberries

1. Combine all ingredients
2. Toss and Serve on chilled plates